

## SWIM TEST CERTIFICATION

Everyone, without exception, must have a valid Swim Test Certification on file with the New Haven Rowing Club to participate in a NHRC rowing program. The Test must be observed by either (1) a person holding a current Red Cross certified Water Safety Instructor's card or Senior Life Guard card, or (2) an adult NHRC member, in which case the test may be administered from the club dock.

Name of Swimmer/Member: \_\_\_\_\_

*I certify that the above individual can swim 100 yards in a competent manner and float relatively motionless for at least five minutes.*

Name and Title of Observer: \_\_\_\_\_

\_\_\_\_\_

Facility: \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_