

Derby Sweeps & Sculls Fact Sheet

Saturday, June 5, 2010

BACKGROUND: We are pleased to announce the 20th annual Derby Sweeps and Sculls regatta, which will take place on the scenic Housatonic River on the 1,000 meter course near where the Yale University crews practice and race. The race venue is Indian Well State Park in Shelton, CT (also home of the Head of the Housatonic Regatta). The Park entrance is on Route 110 about 2 miles north of Shelton. See our website: www.newhavenrowingclub.org for complete directions and hotel information. There is generous room for crews, ample parking, restrooms and short walks to the water.

IMPORTANT NOTICE: The Derby Sweeps & Sculls is a USRowing Registered Regatta. All participating organizations/schools/clubs should be members of the USRowing (single scullers need not be individual members of USRowing). If your organization is not a member of USRowing, please contact: Helen Dalis, USRowing Events Director, 2 Wall Street, Princeton NJ 08540 1-800-314-4769.

COURSE: The course will be 1000 meters long and straight, running upstream (north) and finishing at the southern end of Indian Well Park. There will be a line of buoys at each the side of the course and another line of buoys between lanes 2 and 3. Lane 1 is nearest the Shelton (Park-side) shore. If we need lane 5, it will be outside the outermost line of buoys. We will be using floating starts instead of stake boats.

VENUE: All contestants will launch from the Indian Well State Park off route 110 in Shelton, CT. Crews will wade their boats into the water from the park's large, sandy beach. The water will be warm at this time of year. Sanitary facilities, but no showers, are available at the park. Concessions, including food and T-shirts, will be operated by volunteer groups and/or vendors. Camping, alcohol and dogs are not allowed in the park. Trailers may be parked at the park overnight, but security is not provided.

PARKING: Parking at Indian Well Park was near capacity last year. In order to accommodate as many participants as possible, please carpool as much as possible. Boat trailer tow trucks may need to be detached and parked separately from the trailers, within the Park. **The State of CT will be charging parking fees again this year, and they have increased due to the budget problems: \$9 for CT cars and \$15 for out-of-state cars. Trailers and buses will be free and they sometimes do not charge for cars with boats on top (at the discretion of the parking attendant). The park opens at 6am but the parking fee collection does not begin until later, so come early! There is a limited amount of free parking about a quarter mile south of the main area and we will post signs indicating its location.** Parking for trailers and cars with boats on top will be marked, with a separate area for non-boat moving vehicles.

EVENTS: See Schedule for applicable events. Novice rowers are in their first year of competition. Master rowers will be 27 years old or older by 12/31/10. The AA Masters category (22-26) may row in any boat according to the resultant average age. Masters events will be handicapped, if necessary. Mixed events will not be handicapped unless designated as masters, although we will attempt to group non-masters entries with similar ages together when possible. All races are 1000m and run in final-only format. If there are more than 5 entries for an event, the event will be divided into multiple heats with 1st place medals for each heat. Ages for masters are based on the FISA system (age as of year-end), handicapped if necessary (USRowing handicaps).

ENTRIES: We will use **Regatta Central** (www.regattacentral.com) for entries. The deadline will be midnight Sunday, May 30th. **We will not be accepting paper entries.** If your waiver is already on file with USRowing, you will not have to fill out another waiver. **Please** fill out waivers on-line – it is much more efficient for all of us! Late entries will be accepted only if they do not cause another heat. Late entries must be submitted at least 90 minutes before the applicable event along with a payment of a late fee of \$20. If you have questions, please send an e-mail to: nhrc_regattas@att.net

ENTRY FEES: Singles: \$30, Pairs/Doubles: \$40, Fours/Quads: \$60, Eights: \$80

REGISTRATION: Registration is the same day as the regatta and will be located at the state park. Registration opens at 7:00 am. ALL CREWS must be registered no later than 1 hour prior to the start of their race in order to participate. **There will be a Coaches and Coxswains meeting at 7am near the registration tent.**

CHANGES: Any changes in boatings or average ages (for masters events) must be submitted to Registration at least 90 minutes prior to the start of the applicable event. Any changes will be posted 60 minutes before the start of the event.

COXSWAINS: There is no weigh-in requirement for coxswains.

SAFETY: Each boat shall have a firmly affixed bow ball. Each set of foot gear shall have heel tie-downs that do not permit the heel to rise more than three inches to enable a quick exit in the case of a boat capsizing. In fours with lie-down coxswain enclosures, the width of the enclosure shall be sufficient to allow easy exit by the coxswain. All boats, even if they row in multiple races, will be checked prior to each race.

Derby Sweeps & Sculls, June 5, 2010
Tentative Schedule of Events

<u>Event Number</u>	<u>Approx Time</u>	<u>Event</u>
1	8:00	Mixed Masters 2x
2	8:14	Mixed Open 2x
3	8:21	Novice Women's 1x
4	8:28	Novice Men's 1x
5	8:35	Novice Women's 4+
6	8:42	Novice Men's 4+
7	8:49	Pairs (Open,Master,Men,Women)
8	8:56	Open Women's 2x
9	9:03	Open Men's 2x
10	9:17	Master Women's 1x
11	9:52	Master Men's 1x
12	11:23	Open Women's 8+
13	11:30	Open Men's 1x
14	11:37	Master Men's 4+
15	11:44	Master Women's 8+
		LUNCH
16	13:15	Open Men's 4x
17	13:29	Open Women's 1x
18	13:36	Master Women's 2x
19	13:57	Open Women's 4+
20	14:04	Open Women's 4x
21	14:18	Open Men's 4+
22	14:25	Master Men's 2x
23	15:00	Master Women's 4+
24	15:21	Master Women's 4x
25	15:28	Master Men's 4x
26	15:35	Master Men's 8+
27	15:49	Mixed 4x
28	16:03	Mixed 8+
29	16:10	Open Men's 8+

NEW HAVEN ROWING CLUB - WAIVER OF LIABILITY

It is mandatory that each Participant in the Derby Sweeps and Sculls Regatta (the "Regatta"), sponsored by the New Haven Rowing Club (the "Club"), read and sign the following WAIVER OF LIABILITY before participating in any event in said Regatta.

IN CONSIDERATION of being given the opportunity to participate in the Derby Sweeps and Sculls Regatta (the "Activity"), I, for myself, my personal representatives, assigns, heirs and next of kin:

1. ACKNOWLEDGE , agree, and represent that I understand the nature of Rowing Activities, both on water and land based; and that I am qualified, in good health, and in proper physical condition to participate in such Activity.
2. FULLY UNDERSTAND that: (a) ROWING ACTIVITIES INVOLVE RISKS AND DANGERS of serious bodily injury, including permanent disability, paralysis, and death ("Risks"); (b) these Risks and dangers may be caused by my own actions or inactions, the actions or inactions of others participating in the Activity, the condition in which the Activity takes place, or the negligence of the Releasees named below: © there may be other risks and social and economic losses either now known to me or not readily foreseeable at this time; and I FULLY ACCEPT AND ASSUME ALL SUCH RISKS AND ALL RESPONSIBILITY FOR LOSSES, COSTS, AND DAMAGES I incur as a result of my participation in the Activity.
3. AGREE AND WARRANT that I will examine and inspect each Activity in which I take part as a member, guest, or visitor of the Club and that, if I observe any condition which I consider to be unacceptable, hazardous, or dangerous, I will notify the proper Authority in charge of the Activity and will refuse to take part in the Activity until the condition has been corrected to my satisfaction.
4. HEREBY RELEASE, discharge, and covenant not to sue USRowing, the Club, their administrators, directors, agents, officers, volunteers and employees, other participating Regatta organizers, any sponsors, advertisers, and if applicable, owners and lessors of premises on which the Activity takes place, (each considered one of the Releasees herein) from all liability, claims, demands, losses or damages on my account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations; and I further agree that if, despite this release and waiver of liability, assumption of risk, and indemnity agreement, I, or anyone on my behalf, makes a claim against any of the Releasees, I WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss, liability, damage, or cost which may incur as a result of such claim.

I have read this agreement, fully understand its terms, understand that I have given up substantial rights by signing it and have signed it freely and without any inducement or assurance of any nature and intend it to be a complete and unconditional release of all liability to the greatest extent allowed by law and agree that if any portion of this agreement is held to be invalid, the balance, notwithstanding, shall continue in full force and effect.

PRINTED NAME OF PARTICIPANT:

ADDRESS:

PHONE: _____ DATE: _____

PARTICIPANTS SIGNATURE (Only if age 18 or over)

PARENTAL CONSENT

AND, I, the minor's parent and/or legal guardian, understand the nature of rowing activities and the minor's experience and capabilities and believe the minor to be qualified to participate in such activity. I hereby release, discharge, and covenant not to sue, and AGREE TO INDEMNIFY AND SAVE AND HOLD HARMLESS each of the Releasees from all liability, claims, demands, losses, or damages on the minor's account caused or alleged to be caused in whole or in part by the negligence of the Releasees or otherwise, including negligent rescue operations, and further agree that if, despite this release, I, or anyone on the minor's behalf makes a claim against any of the above Releasees, WILL INDEMNIFY, SAVE, AND HOLD HARMLESS each of the Releasees from any litigation expenses, attorney fees, loss liability, damage, or any cost that may incur as the result of any such claim.

PRINTED NAME OF PARENT/GUARDIAN:

ADDRESS

PHONE: _____ DATE: _____

PARENT/GUARDIAN SIGNATURE (Only if participant is under the age of 18)
