

SWIM TEST CERTIFICATION

Everyone, without exception, must have a valid Swim Test Certification on file with the New Haven Rowing Club before participating in a NHRC rowing program. The Test must be observed by a person holding a current Red Cross certified Water Safety Instructor's card or Senior Lifeguard card.

Name of Swimmer/Member: _____

I certify that the above individual can swim 100 yards in a competent manner, tread water or float relatively motionless for at least five minutes, and successfully put on a personal flotation device while in the water.

Name and Title of Observer: _____

Facility: _____

Signature: _____ Date: _____